

# The Pulse



St. Agnes Council 15344  
Knights of Columbus

*“You will be Brothers: Our Vocation to Fraternity”*  
February 2019

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– January 19, 2019

## Grand Knight’s Corner

The first month of the calendar year is behind us.

We have seen our first Crab and Tri-Tip Dinner of the calendar year, which was also the second of the Columbian year. It was very well attended and it was more successful than we expected. Also, in January we were well represented at the Walk for Life West Coast. We had Knights as Peace Keepers, Knights as walkers, and Knights showing their involvement.

This month we are involved in the Mexican Dinner at St. Bonaventure to support the La Morita Mexico Youth Mission. We funded the down payment of the monument to the unborn. You will hear more about brick sales and supporting the development of the monument in the future.

We also have Knights supporting the development of stronger spirituality, better support to our Church community, and more involvement in the continued growth of our spirituality.

With the year getting started more and more people are looking to see how they can get more involved.

There are always opportunities to help people and serve our community. If you want more details ASK A KNIGHT.

SK Frank Mazzuca  
*Grand Knight*





# BIRTHDAYS

## February

- 3 – Bob Rigor
- 25 – Richard Milward

## Council Officers

Grand Knight .....	SK Frank Mazzuca.....	925-381-5624
Chaplain .....	Fr. Johnson Abraham .....	510-557-9845
Deputy Grand Knight .....	SK King Bunyi.....	510-427-3596
Chancellor .....	SK Jorge Garcia.....	925-676-3750
Warden .....	Tex Alimpolos.....	925-687-3798
Recorder.....	SK Mike McDermott.....	925-676-2384
Financial Secretary.....	Gary Gowns.....	925-825-4409
Treasurer.....	SK David Wood PGK.....	925-458-0888
Lecturers .....	Dcn Bill Droback.....	925-689-0838
	Dcn Tony Reyes .....	925-671-0134
Advocate .....	Cheng-Feng Tsai.....	925-890-0353
Inside Guard.....	Ron Artale .....	925-827-3713
Outside Guard.....	SK Jeff Aquino PGK.....	925-356-2474
One-Year Trustee .....	SK Richard Milward FDD PGK.....	925-699-5852
Two-Year Trustee.....	SK Carlos Garcia PGK.....	925-680-2814
Three-Year Trustee .....	John Wright.....	925-798-5962
Supreme Field Agent.....	SK Carlos Gutierrez.....	415-517-7560
District Deputy .....	SK David Schwartz PGK .....	510-325-7810

## Council Directors

Program Director .....	SK King Bunyi.....	510-427-3596
Faith Director .....	Fr. Johnson Abraham .....	510-557-9845
Community Director .....	SK King Bunyi.....	510-427-3596
Family Director.....	Wayne Schafer .....	925-323-6518
Life Director.....	Linus Farias.....	510-423-3705
Membership Director.....	SK Jeff Aquino PGK.....	925-356-2474

If you would like to assist with one of the program areas above, contact the program area director or GK Frank Mazzuca.



## PRAYER INTENTIONS

- Brother Ed Chatterton
- Brother Joaquin Compos
- Brother Neal Campanelli (State Council)
- Brother Ron Artale and his son
- Brother Octavio Padilla
- Brother David Wood's father Stan, daughter Sarah, and brother Hal
- Brother Tom Kisak
- Brother Ray Doorack's son and grandson
- Brother John Wright's brother Larry
- Brothers Claire Tryon and Ed Burgess (Council 6038)
- Brother Gary Down's sister-in-law Julie
- Brother Neil Cuffy
- Deacon Jim Pearce
- Brother Joel Manana special intention
- Health concern for brother Bob McEachran
- Brother Mike's daughter-in-law Josie who is expecting a baby in December, and back surgery in February
- For Zachary Punty (son of brother Mike Punty of QAS) who was seriously injured in a car accident
- Brother Carlos Gutierrez's mother-in-law
- Special intention for Brother King and for his father's conversion
- Brother Daniel Barrington is in Hospice
- Brother Tex asking for Prayers for his sister-in-law Alicia E. Banzos

## Chaplain's Message

The month of February is dedicated to the Holy Family. The special devotion which proposes the Holy Family of Jesus, Mary, and Joseph as the model of virtue of all Christian households began in the 17th century. It started almost simultaneously in Canada and France: the Association of the Holy Family was founded in Montreal in 1663, and by the Daughters of the Holy Family in Paris in 1674. This devotion soon spread and in 1893 Pope Leo XIII expressed his approval of a feast.

The feast was welcomed by succeeding Pontiffs as an efficacious means for bringing home to the Christian people the example of the Holy Family at Nazareth, and by the restoration of the true spirit of family life.

In the words of His Holiness Pope Leo XIII, "Nothing truly can be more salutary or efficacious for Christian families to meditate upon than the example of this Holy Family, which embraces the perfection and completeness of all domestic virtues."

'The home of Nazareth is the school where we begin to understand the life of Jesus—the school of the Gospel. First, then, a lesson of silence. May esteem for silence, that admirable and indispensable condition of mind, revive in us...A lesson on family life.' Pope Paul VI at Nazareth, January 5, 1964.

The Holy Family models for us what family life should exemplify. It is a school of virtue for both parents and children. There we find God, and learn how to connect with God and with others. The family is where love is freely given without self-interest. It is where we learn to love, to pray and to practice the gift of charity. Pope John Paul II has said, "The family, more than any other human reality, is the place in which the person is loved for himself and in which he learns to live the sincere gift of self".

Parenting is a very challenging responsibility and at times errors are made despite the best intentions. Recognizing this, children should trust their parents and never forget that parents want only what is best for them.

Which leads us to what may be the most important family virtue — forgiveness. Living so intimately within the family nucleus naturally gives rise to unpleasant situations where someone is apt to be offended. St. Paul knew this when he told us to "bear with and forgive one another."

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## MEMBERSHIP ANNIVERSARIES

James Waters

– Feb 18, 2002 (17 yrs)

Antonio Reyes

– Feb 28, 2005 (14 yrs)

Issac Farias

– Feb 26, 2011 (8 yrs)

### Program Director's Message

#### ***BEING A CHRISTIAN***

During a second grade English class, a teacher asked her students to give examples of nouns and verbs. Her students delightedly provided their examples correctly. However, she was caught by surprise by one of her student's answer. "Teacher, I think the word 'Christian' is a verb."

"And why do you think it's a verb?" she asked.

He said, "To be a Christian is a verb. We act to be good Christians, isn't it teacher?"

My Brother Knights, as the year 2019 is still relatively new, acting to be good Christians should be part of our mentality. We are called to be a good Christian in everyday situations. It is up to us to respond to that great call.

I say we should always respond by being good Christians every day. We are living in a time when we are confronted with the saturation of anger and hate. We need to show to the world that we are Christians not because of our religious affiliation, but it is what we ought to be. We embrace this faith because we believe God wanted us to be an instrument of His love and goodness in this world.

We are fortunate that we practice being good Christians in the Knights of Columbus. We are ready to serve when the Council or other organizations in our Parish need our help. It shows to others what we are. Hopefully, they imitate what we ought to do and become good Christians themselves.

As we continue to meet our New Year's resolutions, may we include being a good Christian on our list. That's a real resolution that we need to check at the end of this year.

SK King Bunyi

*Deputy Grand Knight & Council Program Director*

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#### ***Chaplain's Message*** *(Continued from page 3)*

The health of our family may depend on how quickly we learn to forgive without harboring feelings of resentment.

No family can thrive and grow without constant work. Even the material details that take time and effort are essential to keeping the

*(Continued on page 6)*



## UPCOMING DEGREES

### 1st (Admission) Degree:

- None scheduled – Watch for email announcements or check council calendar: [www.koc15344stagnes.org](http://www.koc15344stagnes.org)

### 2nd (Formation) Degree:

- None scheduled – Watch for email announcements or check council calendar: [www.koc15344stagnes.org](http://www.koc15344stagnes.org)

### 3rd (Knighthood) Degree:

- Saturday, February 16 – St. Ignatius of Antioch, Antioch.  
Registration 9-10:00 AM.  
Exemplification 10:15 AM.

### 4th (Patriotic) Degree:

- Saturday, February 2, 2019 – Doubletree Hotel, Rohnert Park.

## Council Calendar of Events

February 1	First Friday Dinner – Tri-Tip, 5:30 PM, Church Hall.
February 2	Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
February 4	Council Officers Meeting, 7 PM, Ministry Center.
February 7	Knights Adoration Hour, 5 PM, Chapel
February 9	Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
February 10	Pancake Breakfast, after 9 and 11 AM Masses, Church Hall.
February 13	Todos Santos Assembly Meeting, 7:30 PM, St. John Paul II Room, St. Francis of Assisi Church. Dinner served at 6:30 PM, followed by Rosary at 7 PM.*
February 14	Knights Adoration Hour, 5 PM, Chapel
February 16	Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
February 18	Council Business Meeting, 6:30 PM dinner, 7:30 PM meeting, Church Hall.
February 21	Knights Adoration Hour, 5 PM, Chapel
February 23	Rosary for the Innocents, 10 AM, Queen of Heaven Cemetery – Lafayette.
February 28	Knights Adoration Hour, 5 PM, Chapel

\* Fourth Degree Knights only may participate in this event.



## SAINT OF THE DAY

- 2 – Presentation of the Lord
- 3 – St. Blase, Bishop and Martyr
- 5 – St. Agatha, Virgin and Martyr
- 6 – St. Paul Miki and Companions, Martyrs
- 8 – St. Jerome Emiliani, Priest
- 10 – St. Scholastica, Virgin
- 11 – Our Lady of Lourdes
- 14 – Sts. Cyril, Monk, and Methodius, Bishop
- 17 – Seven Holy Founders of the Servite Order
- 21 – St. Peter Damian, Bishop and Doctor of the Church
- 22 – Chair of St. Peter, Apostle
- 23 – St. Polycarp, Bishop and Martyr

## District Deputy's Message

Welcome to February, fellow Brothers of Council 15344!

We have just five months to go before the Columbian year ends. This means that we will need to make sure that we continue our efforts to recruit as many new Brothers as possible. The more Brothers you have, the more that can help your council perform great activities for the community, church, and the Order. Also, make sure that you don't forget about your new member once you recruit him – make him feel a part of the council. Invite him to meetings, activities, etc. If the only contact that a new Brother has is his annual dues notice, he will feel disconnected and be less likely to renew his membership. Let's not forget that EVERY Brother counts, and we don't leave our Brothers behind.

February begins the season of Lent, a time of reflection and prayer. No, it's not about giving up chocolate or alcohol, it's about taking a yearly inventory of your life and praying over how you can be a better person, husband, father, and Brother Knight. Try to come out of your shell and do something different. Attend an adoration or pray the Rosary more often. By changing a simple prayer habit, you can expand yourself spiritually and reflect on your life in a different way. It certainly can't hurt!

Again, have a great Lent, recruit a new Brother, and discover a new spirituality!

SK David Schwartz CS PGK PFN  
*District Deputy*

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### **Chaplain's Message** *(Continued from page 4)*

family strong. Everyone has to pull together for the good of the family – even to the point of putting ahead of our own needs and ambitions the happiness of other family members, setting aside our own selfish desires.

It is also important to pray as a family, especially the holy rosary. Prayer will help us to intensify our closeness with each other and to learn to forgive. May the Holy Family of Nazareth be a model for our families.

***The Holy Father's Intentions for the Month of February 2019 – Human Trafficking:*** For a generous welcome to the victims of human trafficking, enforced prostitution, and violence.

Fr. Johnson Abraham  
*Chaplain*



## DID YOU KNOW?

Did you know that there is one hour each week during which we – the members of Knights of Columbus Council 15344 – are counted upon for Eucharistic Adoration at St. Agnes?

It's true. Each Thursday in the hour between 5 and 6 PM the Knights are responsible for being present in the Adoration Chapel.

Do you have an hour you can spend in the presence of the Most Blessed Sacrament?

## Field Agent's Message

There are a great many benefits to joining the Knights of Columbus. That is probably very obvious to you, since you are already a member. But there may be some benefits about which you are unaware. Do you know about the Family Fraternal Benefit Program?

The Family Fraternal Benefit Program makes available to eligible family members† five distinct types of assistance:

1. In the case of minor children who are physically challenged or mentally impaired, the Knights of Columbus:
  - a. Offers a \$1,500 death benefit to the family when a child dies less than 61 days after his birth;
  - b. Pays \$750 for the child who is stillborn at least 20 weeks after conception;
  - c. Offers guaranteed-issue life insurance – up to \$5,000 – to any child under age 18.
2. Orphan Benefit – \$80 monthly allotment for orphans of eligible families; with up to \$7,000 in college scholarships available.
3. Member/Spouse Fraternal Benefit – Accidental death coverage for the member and his spouse at no cost.

If you want to learn more about these and other benefits of membership, call or email me.


SK Francisco Fernandez FIC PGK  
*Supreme Field Agent*





**Knights of Columbus**  
**INSURANCE**  
YOUR SHIELD FOR LIFE

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Daly City CA 94014  
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† To be eligible, the member must be in good standing with his Council and either he or his wife must be insured under a Knights of Columbus certificate requiring an annual premium of at least \$150 or providing at least \$5,000 permanent life insurance coverage.



## BUILDING THE DOMESTIC CHURCH BOOK KIOSK



### Building the Domestic Church Book Kiosk – by the Numbers

During Lent and Advent last year, our Council set up a kiosk displaying 15 booklets from the Knights of Columbus *Building the Domestic Church* series. The series is a collection of popular Catholic Information Service (CIS) books focused on issues of vital importance for Catholic families seeking to build up and strengthen the church at home. Offered to Parishioners free-of-charge, the booklets greatly emphasize the faith and spirituality of all Knights of Columbus and encourage other Parish families to do the same.

To begin to illustrate the impact these booklets might have on the families of St. Agnes, here are a few facts and figures:

- There are 15 different booklet titles in the *Domestic Church* series
- The kiosk was only exhibited twice in 2018:
  - Lent: February 7 to April 16 (10 weeks)
  - Advent : November 19 to January 13, 2019 (8 weeks)
- During the 18 weeks the kiosk was on display, a total of 261 booklets were taken (an average of 14.5 booklets per week)
- Most popular titles (122 copies total):
  - *Prayer Time* – 30 copies
  - *Lord, Teach Us to Pray* – 29 copies
  - *A Scriptural Rosary for the Family* – 23 copies
  - *The Family Fully Alive* – 21 copies
  - *Saint Joseph: Our Father in Faith* – 19 copies
- All provided at *no cost* to Parishioners
- The cost to the Council is 67¢ per booklet

We have re-stocked the booklets and will reintroduce the kiosk again in March for Lent.





## Knights of Columbus Donates 1,000th Ultrasound Machine

The Knights of Columbus has donated its 1,000th ultrasound machine to pregnancy centers around the world, fulfilling a 10-year initiative to give millions of babies a chance at life.

This 10-year program started with a donation of two life-saving ultrasound machines to pro-life pregnancy centers in 2009. On Jan. 14, Knights from Father Herman J. Vegar Council 5561 in Warrenton, Va., donated machine number 1,000 to the Mother of Mercy Free Medical Clinic in Manassas, Va.

Supreme Knight Carl Anderson was present at the unveiling of the new machine, along with representatives from Catholic Charities of the Diocese of Arlington. Anderson said that the Knights' Ultrasound Initiative is the greatest humanitarian effort the organization has ever undertaken.

"One of the proudest days of my life as Supreme Knight was when I heard that we had placed the 1,000th machine here in Virginia," said Supreme Knight Carl Anderson.

"There's an old proverb that whoever saves a child saves a world. No phrase could better describe this ultrasound program. We are saving worlds. We are letting women know the truth."

"Today represents a very concrete way in which millions of lives are changed for the better by the Catholic community coming together and volunteering together," said Anderson. "What greater legacy can a person have than to save a child's life?"

The Ultrasound Initiative is a staple of the Faith in Action program developed by the Knights of Columbus. Over \$49 million in machines have been donated to pro-life pregnancy centers in all 50 states and Puerto Rico, as well as Brazil, Canada, Jamaica, Peru, and Africa.





Crab & Tri-Tip Dinner – January 19, 2019

